



Central India CA Students Association Indore Branch of CIRC of ICAI

NEWSLETTER

JANUARY - 2023 Digital Edition

### CHAIRMAN'S MESSAGE



#### Dear CA Students,

January, the first month of the year. A perfect time to start all over again, changing energies and deserting old moods, new beginnings, new attitudes. As we all enter into the first month of the year 2023, let us all begin this year with positive mindset and positive energies, and pledge to achieve our goals with positivity and mindfulness.

I would also like to express my heartfelt gratitude to all the students of CA Fraternity, and all the members of the CICASA Committee for making the CA Student's Mega Conference Aarohan a grand successful event. The support extended by you all as a community has truly made this event memorable.

The Indore Branch of CICASA of ICAI is committed to the growth and development of it's students. This month, on 26th January, we will be celebrating Republic Day at ICAI Branch, to celebrate the day on which Constitution of India came into effect. It is a matter of great joy and pride for us to celebrate the day and hoist the Indian flag on this day.

I hope that you all are doing good in your studies. Keep working hard, one day you all will surely achieve all your goals. Success is the result of perfection, hard work, learning from failure, loyalty and persistence. Wishing you all good luck ahead.



Wishing you all a very Happy Baisakh Warm Regards,

**CA Swarnim Gupta** Chairman, CICASA, indore

# **ON A MISSION TO**



## Inspire Millions of Lives.

Ishwin Kaur CRO 0691148

Guessed this Chartered Accountant already? Undoubtedly, he has gained worldwide recognition not only as a Motivational Speaker, but also as an Author, Educator, Business Counselor, and Productive Business Entrepreneur. And I'm talking about none other than the most sought-after speaker – Mr. Sonu Sharma.

Mr. Sonu Sharma is the founder of Dynamic India Group. He is one of the youngest Speakers in India. He conjures up and encourages peoples to appreciate their true potential.

With his 22 years of experience in changing the lives of people, Mr. Sharma have been called as a guest speaker by various companies and institutes and are trusted by many famous entities, such as –

- 1. The Institute of Chartered Accountants Of India.
- 2. KUKU FM
- 3. Bharti Life Insurance
- 4. HP
- 5. POCKET FM
- 6. IIT Bombay
- 7. Ultra Tech Cement
- 8. Lovely Professional University
- 9. TATA & SBI

The most Fruitful Services provided by Mr. Sonu Sharma in changing lives of people are –

1. Leadership Training – From being one of the most sought – after leadership consultants in India, his leadership skills & training have created a positive impact in lives of people.

2. Corporate Training – It is very important in today's era to boost self-confidence and

performance in one's business.

3. Academic Sessions – Being an educator himself, his academic skills help students and others flourish in academics, irrespective of their background or course.

4. Life Coaching – We all need some guidance over how to get rid of our worries and realize what actually life is all about.

With over 9.65 million on facebook, 10.55 million on youtube, 2.64 million on instagram and 126.3 thousand on Twitter, Mr. Sharma continues to dominate the social media platforms with his guidance.

Some of Mr. Sharma's famous books are as follows-

- 1. On a mission to Inspire. (English copy)
- 2. Prerit karne ke mission par agrasar (hindi copy)
- 3. Success Magazine 2023.

The most famous videos of Sonu Sharma are -

- 1. Success Mantra
- 2. Sales Motivation
- 3. Success Tips from RAMAYANA
- 4. Network marketing tips

Some of Mr. Sharma's famous quotes are as follows –

1. We all have problems. The way we solve them is what makes us different.

2. Philosophy is the difference between the bank balances of the rich and poor.

3. The man who lives with the mind is not a seeker; the man who lives with a determination is a seeker.

Undoubtedly, Sonu sir has inspired millions of lives and continues to inspire generation of today's world.

5. Jaya Kishori

### ।।श्री कृष्णं सदा सहायते।।

An ardent follower and a firm believer of the above quote, you all must have surely guessed about the special guest of our today's discussion in the newsletter, and yes, it's none other than the famous motivational speaker & spiritual orator – Ms. Jaya Kishori ma'am, who started her spiritual journey at the tender age of seven.

Jaya Kishori ma'am, is an Indian is also mainly famous today as 'The Meera of the modern world' or 'Kishori Ji'. She is an inner orator, religious leader, motivational speaker, singer and musical artist born and birthed up in Kolkata, West Bengal. She is also a devotee of Lord Krishna, and her bhajans are very famous on YouTube.

In Kolkata, ma'am joined Shri Shikshayatan College and Mahadevi Birla World Academy. She finished her B.Com through open schooling. She was then taught under the guidance of Swami Ramsukhdas and Pandit Vinod Kumar Ji Sahal. She was originally preached to by Pt. Govindram Mishra.

While the prime focus of Jaya Ma'am is to bestow faith & positivity among people, she developed a staunch belief in fate ever since her childhood awakening.

Amongst her many accolades, some of them include Iconic Women Motivational Speaker of Year 2021 & Best Spiritual Influencer for the year 2021.

The four pillars of Jaya Ma'am's discourse -

- 1. Shrimad Bhagwat Geeta Ji
- 2. Life Experiences

3. Family teachings

4. Imbibing wisdom from all

• Have undoubtedly guided large masses towards values and virtues of life.

Some of her famous quotes which greatly help in understanding and living life are

1. If there is no humility then learning is meaningless.

2. Love can build you or break you, everything depends on how you let it grow on you.

3. The self controlled soul wins eternal peace.

4. In the path of life sometimes we lose and sometimes we win but what is constant is the lesson learnt each time.

5. For being the creative one, you need to stop running in the rat race.

6. Sometimes the problems of your life can be solved by changing yourself, instead of changing others.

With her amazing knowledge and life experiences, Jaya Kishori ma'am surely continues to inspire all the generations of today's world. Her contribution in making the world a better place is commendable. Her passion for her work inspires the youth to work harder for their dreams and love the work they do.



Daksh Chittoda CRO 0689607

# **YAMAS AND NIYAMAS OF LIFE**

The Moral Gateway to the Right Living.

The Yamas and Niyamas originate from the well known recongnised text – The Yoga Sutras of Patanjali. Patanjali is known as a sage, and the Yoga Sutras act like a guide on how to master a righteous living in life and achieve enlightenment.

Basically, there are eight limbs to the Yoga Sutras, commonly known as the Eight Limbs of Yoga - Yama (moral discipline), Niyama (observances) , Asana (physical postures) , Pranayama (breathing techniques) , Pratyahara (sense withdrawal) , Dharana (concentration) , Dhyana (absorption or meditation), Samadhi (enlightenment or bliss).

So what are these Yoga Sutras or Yamas and Niyamas all about? Does it just mean to be focused or does it behold some greater magic on its part? We can understand them as follows.

The Yamas and Niyamas are often seen as moral codes or ways of right living. Its interesting to note that the five Yamas and the five Niyamas resemble the ten virtues of Buddhism, and teach us to be mindful of each action, cultivating a more present and aware state of being.

The Yamas traditionally guide us towards practices concerned with the world around us, but often we can take them as a guide of how to act towards ourselves too. The five Yamas listed in Patanjali's Sutras are –

Ahimsa (non violence), Satya (truthfulness), Asteya (non stealing), Brahmacharya (right use of energy), Aparigraha (non greed)

The Niyamas often revered as positive duties, are recommended habits for a healthy living and spiritual existence. The five Niyamas listed in Patanjali's Sutras are –

Saucha (cleanliness), Santosha (contentment), Tapas (discipline, austerity), Svadhyaya (study of the self and of texts), Isvara Pranidhana (surrender to a higher being).

Concluding the article, Mr. Iyenger describes Yamas and Niyamas to be the golden keys to unlock the spiritual gates, as they transform each action into one that originates from a deeper and more connected place within ourselves.



Sanskar Yadav CRO 0689861

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